

## **SHAC INFORMATION**

**February 5, 2008**

To be in accordance of SB 530, this following information has been discussed during the Jan. meeting of the SHAC:

1. Kindergarten has 20 minutes of daily activity. The length of physical activity for grades 1-5 is 25 minutes daily. The students in grades 6<sup>th</sup> and 7<sup>th</sup> receive 45 minutes for activity daily. The 8th grade students involved in athletics receives the same amount. The High School students in physical education and athletics have 52 minutes classes.
2. The SHAC meet once last year.
3. The vending machines are only offered in the teachers lounges in the elementary schools. The Junior High has a drink machine that is not functioning until after school has been dismissed. The high school vending machines are in compliance with the health codes and monitored by the school dietary specialist. Cynthia Andreas is aware of this situation.
4. The school tobacco policy is no tolerance. It is stated in the school hand book.
5. The SHAC discussed the policy of parents writing a

request for the fitness information of their child. The committee would like to see the district provide that information, along with the TAKS information, to the parents without the written request at least once a year.

SHAC members:

Names in **RED** are clickable for E-Mail

[Beth Boxwell - Pres.](#)

[Cindy Shackleford - V.P.](#)

Steph Tarvin - Sec

Becky Childers

Cynthia Andreas

Donna Mann

Suzanna Jarrell

Lorrie Allred

April Snyder

Gary Mills

Ronnie Watson

Sheri

Watts

Some of these are ex-officio in order to help with the percentage.

We are adding more community members.

**December 7, 2009**

## Minutes from the SHAC meeting

March 9, 2009

Members present: Donna Mann, Jennifer Feger, Cynthia Andreas, Becky Childers, Carol Hayden, & Beth Boxwell.

The committee reviewed the rough draft of the new wellness policy. The policy revisions were accepted. It would be sent to Janet McLain at the business office to be finalized.

The committee set a day at the beginning of school to train staff who will be teaching nutrition education.

Donna said she would check with Leadership Perryton or the Chamber of Commerce to find a motivational/health education speaker for the in-service days. The committee felt the teachers might enjoy someone reminding them of the impact they have on students by example.

The meeting was adjourned.

